



## Regional Coach – Lower Mainland

Synchro BC is seeking a Regional Coach for B.C.'s interior region. The ideal candidate is an experienced coach with excellent planning, organizational and interpersonal skills who is willing and able to travel to areas in the specified region.

**Job Location:** Various locations in the lower mainland of B.C.  
**Application Deadline:** September 7, 2018  
**Start Date:** October 2018

## JOB SUMMARY

The Regional Coach – Lower Mainland will be given the opportunity to lead training and development sessions and mentor coaches & athletes throughout the region.

Synchro BC will hire three regional coaches (RC) to travel to each club in their respective region once between October 2018 and June 2019. Synchro BC will pay the following in relation to each RC position:

- 1) Forty-five (45) minutes of planning per visit;
- 2) Four (4) hours of coaching at each club (land or water);
- 3) Travel expenses to and from each location greater than 30km from the Regional Coach's home.

**Note: If a club wishes to hire the RC for longer than the allotted time, they are welcome to do so at their own expense and in consultation with the Regional Coach.**

The club requesting the Regional Coach visit is responsible for identifying specific areas of development required for their club, booking/paying for the pool time and communicating their needs to the Regional Coach no less than one week prior to the visit. *It is recommended that the club use existing pool time to minimize additional cost to their club.* The Regional Coach will create a lesson plan based on the needs identified by the club. In the event that the time allotted will not permit all of the needs to be addressed, the Regional Coach will prioritize the training plan in consultation with the club.

Each club will submit a Regional Coach visit request to Synchro BC **no later than January 30th, 2019**. If a club does not request a visit by this time, they will not be able to use their visit for the 2018-19 season. The Sport Development Director will advise the Regional Coach of all requests. The club and Regional Coach will identify a mutually convenient date and time.

### Regional Details:

- Number of clubs: 8
- Total coaching & planning hours: 38
  - 32 coaching hours
  - 6 planning hours

## KEY DELIVERABLES

- Lead a coach/athlete development session with each club in the region
- In consultation with the host club, design lesson plans that address the needs identified by the host club
- Distribute lesson plans to the host club & Sport Development Director ([sdd@synchro.bc.ca](mailto:sdd@synchro.bc.ca)) **prior** to the start of the visit
- Complete the RC Club Visit Report within 14 days of the conclusion of the camp
- Timely communication with the clubs to set up dates for visits
- Consult with Sport Development Director and Executive Director with regard to booking travel as needed
- Timely submission of expense claim forms, original receipts and invoices

## EXPERIENCE & ABILITIES

- Strong technical knowledge of synchronized swimming skills, rules and systems with thorough knowledge of Canadian Amateur Synchronized Swimming Association (CASSA) and Fédération Internationale de Natation (FINA) rules
- NCCP Competition Development certification is preferred but not required
- Strong understanding of the Canadian LTAD model and its application in synchronized swimming
- Ability to lead planning and evaluation processes

## APPLICATION PROCESS

To apply, please complete the online application form by **September 7<sup>th</sup>, 2018**. Candidates will be selected in late September.

While we appreciate all applicants, only those selected for an interview will be contacted.

## ABOUT SYNCHRO BC

The British Columbia Amateur Synchronized Swimming Association (Synchro BC) is the governing body for the sport of Synchronized Swimming in British Columbia. Synchro BC provides programs and services to a wide range of participants in both the recreational, and competitive levels for participants of all ages, genders and skill levels. Synchro BC has 1400 members and an annual budget of \$425,000. The not-for-profit organization is governed by a volunteer Board of Directors. The Executive Director leads a group of contractors, including the Sport Development Director, High Performance Director, Events Manager, Administrator, Accountant and coaching team, who carry out the work of the organization.

For more information visit the Synchro BC's website at [www.synchro.bc.ca](http://www.synchro.bc.ca) or follow Synchro BC on [Instagram](#) (@synchrobc) and [Facebook](#).