



Veronica Winter makes the 2009 National J. Team.

Congratulations to Veronica Winter who recently made the 2009 National Junior Team after a sixth place finish during the trials in Quebec City, QC. Veronica will be representing Canada at the UANA Pan American Junior Championships August 12-16 in Huntersville, North Carolina. Jennifer Tregale will be the head coach of the National Junior Team for the 2009 season and will be working with assistant coaches Nathalie Lagrange and Laurel Hindle. We wish Veronica and the rest of Team Canada a successful summer and we look forward to seeing the results in August.

Meningococcal Meningitis

What Many People Don't Know!

Most current routine immunization programs only vaccinate against one strain of meningococcal meningitis, a rare but potentially fatal infection. Coaches should know that certain athletic activities and training regimens may predispose athletes to increased risk of contracting the disease.

More Information → (<http://www.menactra.ca/index.cfm?fa=consumer.home>)



What's going on:

Synchro BC Office Hours

Please note that SBC's office hours are:

Monday: 9.00 – 3pm

Wednesday: 9.00 – 12pm

Thursday: 9.00 – 3pm

Annie, our office coordinator, will be happy to answer any questions during this time.

Holidays

Please note that the Office Coordinator will be out of the office end of June until mid July. If you require anything, please let me know prior to June 25, 2009.

Thanks

(info@synchro.bc.ca)

Supported by:



General Motors Making Dreams Possible Club Coaching Grant



Online applications are now available!

The Coaching Association of Canada is pleased to announce that the General Motors Making Dreams Possible Club Coaching Grant applications are now back online!

Dedicated to supporting athletes at all levels through coaching excellence, General Motors' Making Dreams Possible Program provides one hundred \$2,000 club coaching grants and ten \$10,000 high performance coach grants to community sport clubs and high performance coaches nationwide on an annual basis.

This fall, another 50+ \$2,000 grants will be awarded to community sport clubs across the country for coach training and development. **The application deadline is September 21, 2009.**

Apply now (http://www.coach.ca/makingdreamspossible/tracking/cac_09may07.htm) and make dreams possible in your community!



Coaching Association of Canada
141 Laurier Avenue West, Suite 300
Ottawa, Ontario K1P 5J3
Telephone: 613-235-5000
Fax: 613-235-9500
coach@coach.ca

Association canadienne des entraîneurs
141, avenue Laurier ouest, bureau 300
Ottawa (Ontario) K1P 5J3
Tél. : 613-235-5000
Télé. : 613-235-9500
coach@coach.ca



Synchro Summer Camp

Randi Burton, the Head Coach of Southern Synchro Club in Lethbridge, AB, is hosting a Synchro Summer Camp. We are hosting a Synchro Adventure Camp here in Lethbridge; August 10th-14th for girls in Tiers 1-3, aged 10-16.

Athletes will spend time developing their synchro skills but will also be exposed to fun and educational experiences like diving, canoeing/kayaking, nutritional information, goal setting, movie nights, and more.

Please visit our website for the Synchro Summer Camp Information Package.
(<http://www.synchro.bc.ca/news/?ph=News%20and%20Updates>)

**Please note this is not a Synchro BC sponsored event.*

Blossom Invitational Swim Meet



UNITED STATES SYNCHRONIZED SWIMMING, INC.
Pacific Northwest Association

2009 PACIFIC NORTHWEST ASSOCIATION

Blossom Invitational Swim Meet

Novice, Intermediate, Age Group and Masters Routines, Optional Figures

Saturday, June 6 & Sunday, June 7, 2009

JUANITA HIGH SCHOOL POOL
10601 NE 132ND STREET
Kirkland, WA
(206) 823-7627

Please email info@synchro.bc.ca for more information.

**Please note this is not a Synchro BC sponsored event.*



Burnaby Caprice is looking for a Coach

Burnaby Caprice is a well organized club in Vancouver, BC looking for 2 or more Synchro coaches who would be interested in joining our coaching staff for the 2009/2010 swim season.

Our programs include Aquasquirts, Recreational and Competitive teams Tier 1 to 6 as well as Masters Recreational.

Applications are being accepted both for new coaches as well as more experienced Coaches, particularly for the upper Tier levels.

Please forward your resume to info@bcssc.org highlighting Synchro swimming levels achieved and coaching skills and experience, as well as training certifications such as NCCP, NLS, and First Aid. Wages are based on experience and training.

Deadline for applications **July 15, 2009**
Please place 'Application' in the subject line.

Congratulations

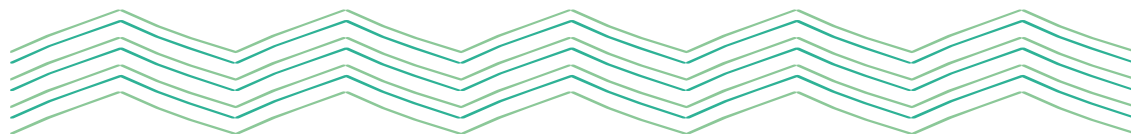
Linda Krahn, a Level 3 Official in BC has received the President's Award for Synchro BC at the Sports BC Awards Banquet. Unfortunately, Linda was away at that time but we would still like to extend to her Congratulations and our Gratitude.

Thank you,
Nancy O'Toole,
President



Information for the E-Splash

You can send us information or an article that you want to put in the E-Splash. This will allow everybody to share their experiences with others. The more information we get, the better it is. Thank you!



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www.team-aquatic.com

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101 - 1305 Welch Street, North Vancouver
604-980-2805 or 1-800-234-4833
info@team-aquatic.com

