

SYNCHRO BC – IMPORTANT INFORMATION

1. Synchro BC AGM

Please mark on your calendars!

Date: Sunday, September 7, 2008

Location: Sport BC Campus

3820 Cessna Dr., Richmond, BC, V7B 0A2

Time: TBD

2. Aqua Motion 2008 – Fall Conference

We are tentatively planning our next Aqua Motion 2008 – Fall Conference for Sept 5-7, 2008. Please look for updated information on our website. We will be looking forward to another fun, educational & informative Fall Conference.

Please tentatively mark these dates on your calendars.

3. Registration 2008-2009

Please watch for the arrival in the mail of your 2008-2009 Registration Package, Equipment Insurance, Insurance, Raffle Draw Information & other Synchro BC information.

We understand that clubs may be changing their Club Executives at the end of the season. We would appreciate you forwarding the package & information to the appropriate people.

Synchro BC will have the registration Package available on our website.

Please send any change of contact information for your club as soon as possible so we may ensure your club receives our updated information in a timely matter.

BEIJING BOUND RALLY

MONDAY, JULY 14, 2008

Canadian athletes and coaches will soon be competing at the 2008 Olympic and Paralympic Games in Beijing, China.

They have trained up to three times a day, seven days a week. They have traveled to the ends of the earth to prove themselves against the best, and they have earned the right to represent their country. Their pursuit of excellence is nothing short of inspiring.

Sport provides active, healthy, world-class role models for our communities. These hometown heroes will be publicly recognized for their discipline, determination and dedication on **Monday July 14, 2008**.

Please join us at the waterfront Granville Square Plaza (200 Granville Street) for a festive public celebration from **11:45am – 12:30 pm**. (Athletes will be signing autographs from 12:30 - 1:00 pm).

This Canadian Sport Centre Pacific event is presented by Canwest Publishing Inc., and has been made possible in partnership with ActNow BC and the Canadian Olympic Committee.



SYNCHRO CANADA NAMES NATIONAL 13-15 TEAM

June 7, 2008, EDMONTON - Synchro Canada announced the selection of the 13-15 National Synchro Team at the Espoir National Championships in Edmonton, Alberta. The team was officially introduced during the Espoir Championship finals at the Kinsmen Aquatic Centre.

The 13-15 Team will train in Quebec City this August before competing at the UANA Age Group Championships August 27 to 31, 2008 in Calgary.

The following athletes have been named to the team:

- Anabelle Frappier (Montreal Synchro, QC)
- Chloe Brown (Olympium Synchro, ON)
- Claudia Holzner (Calgary Aquabelles, AB)
- Emilia Kopicik (Montreal Synchro, QC)
- Emily Verbiski (Waterloo Regional Synchro, ON)
- Gabrielle Menard (Alliance Synchro, QC)
- Jessica Tessier (Montreal Synchro, QC)
- Natasha Bernier (Synchro Elite, QC)
- Sarah Brunin-Brouillette (Alliance Synchro, QC)
- Veronica Winter (PacificSport Aquasonics, BC)

These athletes will be led by Head Coach Chantal Vallieres and Assistant Coaches Vanessa Bray and Laurel Alexander.

AWARD FOR OUTSTANDING EXTRA CURRICULAR ACHIEVEMENT

The award for Outstanding Extra-Curricular Achievement goes to Olivia Zawadiuk. Olivia is a 12 year old, Tier 6 swimmer and will receive her Athlete Achievement Award at the Espoir Championships in June.



ENTER TO WIN A FREE GIFT FROM MARY KAY

How?: Just send in a story, share a fundraiser idea, have a special award for an athlete, coach or other member or share what works in your club to add to our SPLASH newsletter.

ONE submission will be selected each quarter to receive a gift from Mary Kay. Winners will be announced in the IN SYNCH newsletter.

MARY KAY[®]

Enriching Women's LivesSM

Thank you to Teena Kaminski, Mary Kay Consultant

SUPPORTED BY

