

Tier 6

PORPOISE SPIN 360

Best Parts: good tempo, good alignment in vertical

Needs Work: drop spaces, fluidity & control in spin, show pike 90, height

FLAMINGO BENT KNEE

Best Parts: ballet leg position, overall design (clearly coached well)

Needs Work: extension of vertical leg during roll, travelling, catch at the end of the unroll, the vertical descent has the numerical value of 14 –same as the bt knee.

BACK WALKOVER

Best Parts: extension generally good, travel in and out of layouts, timing

Needs Work: keep working on layouts, split pos. Accurate, surface arches height of 1st leg lift

BARRACUDA SPIN 180

Best Parts: drop to pike (design), back layouts better than bk walkover

Needs Work: 'rapid' not evident in thrust – needs more risk, spin speed not rapid enough, verticals off in spin, late start on spins – already dropping

Tier 7

IBIS CONT SPIN

Best Parts: better body alignment on tip, ballet leg, maintain height during join

Needs Work: 720 should be the goal, drop spaces, vertical alignment

KNIGHT

Best Parts: well executed design (nicely done!!)

Needs Work: vertical leg moves forward some during the transition to knight, transition from knight to
bt knee creating a straight line with the toes as the leg bends.

KIP SPLIT CLOSING 180

Best Parts: lift, rollback, timing, some great extension, closing action

Needs Work: travel, comfort level vertical height, seems like they have the skills to be higher, splits –
rolled out, low

PORPOISE FULL TWIST

Best Parts: nice pulldowns, more subtle adjustment in front pike pos in lift, verticals

Needs Work: low verticals!!, ease of performance in lift, still some notable overpikers, travel in lift and
twist