



### STAR 1 TEST SHEET

 <b>Name &amp; Club</b>	<b>CASSA#</b>	<b>Back Layout Position and Stationary (Flat) Scull</b>	<b>Head First Scull (standard Scull) 5m (16ft)</b>	<b>Foot First (Reverse) Scull – 5m (16ft)</b>	<b>Back Flutter Kick – 12m (40ft) with “Creative” arms (optional)</b>	<b>Back Crawl and Variations - 12m (40ft)</b>	<b>Tub</b>	<b>Somersault Back Tuck</b>	<b>Waterwheel</b>	<b>Sequence/Routine</b>	<b>Final Result</b>	<b>Fee Paid/Award Issued</b>
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<b>Pass Mark = 4.0 *Candidate must attempt all skills and must pass at least all but one skill. If the candidate received less than the pass mark on one skill, that mark can be no less than .5 below a pass. (No mark awarded for the sequence)</b>												

Signature of Official \_\_\_\_\_

Test Location: \_\_\_\_\_  
 Test Date: \_\_\_\_\_  
 Host Club: \_\_\_\_\_


## STAR 2 TEST SHEET

 <b>Name &amp; Club</b>	<b>CASSA#</b>	<b>Front Layout Position (Stationary scull)</b>	<b>Propeller or Torpedo (5 meters (16ft))</b>	<b>Paddle scull 5m (16ft)</b>	<b>Side Flutter Kick (optional creative arm) 12m (40ft)</b>	<b>Head-up Breaststroke, Whip Kick 12m (40ft)</b>	<b>Eggbeater Stationary 20 seconds</b>	<b>Pretzel</b>	<b>Sailboat Alternate</b>	<b>Sequence/Routine</b>	<b>Final Result</b>	<b>Fee Paid/Award Issued</b>
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 Host Club: \_\_\_\_\_


### STAR 3 TEST SHEET

 <b>Name &amp; Club</b>	<b>CASSA#</b>	<b>Alligator (Reverse Scull) 5m (16ft)</b>	<b>Front Pike Position &amp; Front Pike Pull-down</b>	<b>Front Pike to Submerged Ballet Double Position and Split Cull</b>	<b>Front Flutter Kick, head up 12m (40ft)</b>	<b>Modified Front Crawl, head up 12m (40ft)</b>	<b>Eggbeater traveling sideways 6m (20ft) right &amp; left</b>	<b>Somersault Front Pike</b>	<b>Kick=Pull, shoulders square, 4 right, 4 left, 4 alternating lead arm</b>	<b>Sequence/Routine</b>	<b>Final Result</b>	<b>Fee Paid/Award Issued</b>
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 Host Club: \_\_\_\_\_


## STAR 4 TEST SHEET

 <b>Name &amp; Club</b>	<b>CASSA#</b>	<b>Ballet Leg Position</b>	<b>Split Position</b>	<b>Reverse Propeller 5m (16ft)</b>	<b>Back Layout to Submerged Ballet Leg Double Pos. and Back Layout to Submerged Back Pike Pos.</b>	<b>Split Position join to Vertical Position at ankle height</b>	<b>Eggbeater traveling forward 6m and backward 6m</b>	<b>Single Ballet Leg (figure)</b>	<b>Blossom</b>	<b>Sequence/Routine</b>	<b>Final Result</b>	<b>Fee Paid/Award Issued</b>
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 Test Date: \_\_\_\_\_  
 Host Club: \_\_\_\_\_


## STAR 5 TEST SHEET

 <b>Name &amp; Club</b>	<b>CASSA#</b>	<b>Inverted Tuck Position</b>	<b>Bent Knee Vertical Position</b>	<b>Flamingo Position</b>	<b>Support Scull Drill</b>	<b>Support Scull in Table Top Position</b>	<b>Boost (no arms raised)</b>	<b>Somersault Back Pike</b>	<b>Flowerpot</b>	<b>Sequence/Routine</b>	<b>Final Result</b>	<b>Fee Paid/Award Issued</b>
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Signature of Official \_\_\_\_\_

Test Location: \_\_\_\_\_  
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 Host Club: \_\_\_\_\_


## STAR 6 TEST SHEET

 <b>Name &amp; Club</b>	<b>CASSA#</b>	<b>Vertical Position and Vertical Descent</b>	<b>Crane and Fishtail Position</b>	<b>Front Pike Position to Crane Position</b>	<b>Crane Position to Bent Knee Vertical Position</b>	<b>Boost (one arm raised)</b>	<b>Kipnus</b>	<b>Neptunus</b>	<b>Bent Knee Vertical Switches and Level Changes</b>	<b>Sequence/Routine</b>	<b>Final Result</b>	<b>Fee Paid/Award Issued</b>
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 Host Club: \_\_\_\_\_


## STAR 7 TEST SHEET

 <b>Name &amp; Club</b>	<b>CASSA#</b>	<b>Submerged Ballet Leg Position</b>	<b>Submerged Flamingo Pos. (1) &amp; Heron Pike (2)</b>	<b>Thrust for (1) Heron, (2) Barracuda &amp; (3) Barracuda Bent Knee</b>	<b>Submerged Ballet Leg Double to Submerged Ballet Leg Pos. to Surface Ballet Leg Pos.</b>	<b>Bent Knee Vertical to Vertical Position, Vertical descent</b>	<b>Barracuda Bent Knee</b>	<b>Barracuda</b>	<b>Somersub</b>	<b>Sequence/Routine</b>	<b>Final Result</b>	<b>Fee Paid/Award Issued</b>
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 Host Club: \_\_\_\_\_


## STAR 8 TEST SHEET

 <b>Name &amp; Club</b>	<b>CASSA#</b>	<b>Bent Knee Surface Arch Position</b>	<b>Back Layout to Surface Arch to Back Layout Pos. &amp; Surface Arch Pos. to Split Pos.</b>	<b>Walkout Front (Split Pos. to Surface Arch to Back Layout)</b>	<b>Back Layout to Surface Arch Pos. to Split Pos.</b>	<b>Front Pike to Split Position, 180 arc</b>	<b>Swordfish</b>	<b>Walkover Front</b>	<b>Porpoise</b>	<b>Sequence/Routine</b>	<b>Final Result</b>	<b>Fee Paid/Award Issued</b>
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 Test Date: \_\_\_\_\_  
 Host Club: \_\_\_\_\_


### STAR 9 TEST SHEET

 <b>Name &amp; Club</b>	<b>CASSA#</b>	<b>Crane Position to Vertical Position</b>	<b>Centre Split Position</b>	<b>Right Split to Left Split (Ariana rotation)</b>	<b>Walkover Back (Split Pos. to Front Pike Pos. to Front Layout Pos.)</b>	<b>Bent Knee Vertical Position – 180 spin</b>	<b>Kip</b>	<b>Ariana</b>	<b>Walkover Back</b>	<b>Sequence/Routine</b>	<b>Final Result</b>	<b>Fee Paid/Award Issued</b>
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 Host Club: \_\_\_\_\_


## STAR 10 TEST SHEET

 <b>Name &amp; Club</b>	<b>CASSA#</b>	<b>Side Fishtail Position</b>	<b>Knight Position</b>	<b>Flamingo Position to Bent Knee Position Rollback</b>	<b>Single Ballet Leg to Side Ballet Leg to Front Pike Position (Eiffel)</b>	<b>Bent Knee Vertical Half Twist</b>	<b>Flamingo Bent Knee</b>	<b>Eiffel Tower</b>	<b>Heron</b>	<b>Sequence/Routine</b>	<b>Final Result</b>	<b>Fee Paid/Award Issued</b>
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Signature of Official \_\_\_\_\_

Test Location: \_\_\_\_\_  
 Test Date: \_\_\_\_\_  
 Host Club: \_\_\_\_\_


## SUPER STAR 1 TEST SHEET

 <b>Name &amp; Club</b>	<b>CASSA#</b>	<b>Crane Position Full Twist &amp; Fishtail Full Twist</b>	<b>Dolphin Arch to Front Pike Pos. to Bent Knee Vertical Pos. (Albatross start)</b>	<b>Catalina Reverse Rotation</b>	<b>Albatross</b>	<b>Reverse Catalina</b>	<b>Barracuda Bent Knee Spin 180</b>	<b>Barracuda Spin 180</b>	<b>Routine</b>	<b>Final Result</b>	<b>Fee Paid/Award Issued</b>
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 Host Club: \_\_\_\_\_


**SUPER STAR 2 TEST SHEET**

 <b>Name &amp; Club</b>	<b>CASSA#</b>	<b>Vertical Position Half Twist and Vertical Position Twirl</b>	<b>Vertical Position Spin 360</b>	<b>Vertical Position Spin up 360</b>	<b>Split Position join to Vertical Position</b>	<b>Rocket Split</b>	<b>Porpoise Spinning 360</b>	<b>Ballet Leg Double (figure)</b>	<b>Routine</b>	<b>Final Result</b>	<b>Fee Paid/Award Issued</b>
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<p align="center"><b>Pass Mark = 5.5 *Candidate must attempt all skills and must pass at least all but one skill. If the candidate received less than the pass mark on one skill, that mark can be no less than .5 below a pass. (No mark awarded for the sequence)</b></p>											

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### SUPER STAR 3 TEST SHEET

 <b>Name &amp; Club</b>	<b>CASSA#</b>	<b>Vertical Position Continuous Spin</b>	<b>Vertical Position Full Twist</b>	<b>Bent Knee Vertical join to Vertical with 180 spin</b>	<b>Vertical to Split with 360 rotation</b>	<b>Rocket Bent Knee Twirl</b>	<b>Dolphin arch to Bent Knee Surface Arch to Vertical with Twirl (Cyclone start)</b>	<b>Flying Fish</b>	<b>Kip Full Twist or other twist or spin (2009 – 13 Kip Half Twist FINA 13-15)</b>	<b>Vertical Side Bent Knee Vertical and Side Fishtail Positions traveling</b>	<b>Final Result</b>	<b>Fee Paid/Award Issued</b>
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